

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2019

## ASSISTED LIVING

				<p>2:00 SIERRA'S FAN CLUB – AL DINING RM <b>1</b></p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH DUSTY BOOTS</p>	<p><b>2</b></p>	<p>10:45 PAMPERED HANDS—AL MEDIA ROOM <b>3</b></p> <p>3:00 ASSISTED LIVING BINGO - MEDIA ROOM</p>
<p>2:30 SALVATION ARMY SERVICE - GH1 <b>4</b></p> <p>3:30 SUNDAY SOCIAL GH1</p>	<p><b>5</b></p> <p><b>SORRY, NO PROGRAMS TODAY</b></p>	<p>10:45 BALANCE CLASS - GH1 <b>6</b></p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p>1:30 MINI CONCERT WITH FRANK STOFANIK—GH1</p> <p>3:30 ASSISTED LIVING HAPPY HOUR - GH2</p>	<p>9:30 ADAPTED FITNESS - GH1 <b>7</b></p> <p>2:30 HAMLET HOOTERS —AL DINING RM</p>	<p>10:30 ASSISTED LIVING GENERAL MEETING—AL DINING RM <b>8</b></p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH WILLIE BLIZZARD</p>	<p>10:00 CATHOLIC MASS—GH1 <b>9</b></p>	<p>10:45 PAMPERED HANDS—MEDIA ROOM <b>10</b></p> <p>3:00 ASSISTED LIVING BINGO - MEDIA ROOM</p>
<p>2:30 BAPTIST SERVICE - GH1 <b>11</b></p> <p>3:30 SUNDAY SOCIAL—GH1</p>	<p>9:30 ADAPTED FITNESS - GH1 <b>12</b></p> <p>3:30 BINGO - GH1</p>	<p><b>BALANCE CLASS CANCELLED 13</b></p> <p>1:45 GIFT OF MEMORIES—GH1</p> <p>3:30 ASSISTED LIVING HAPPY HOUR - GH2</p>	<p>9:30 ADAPTED FITNESS—GH1 <b>14</b></p> <p>2:00 HAMLET HOOTERS - AL DINING RM</p> <p>3:15 KAFS—GH1</p>	<p>2:00 SIERRA'S FAN CLUB – AL DINING RM <b>15</b></p> <p>3:30 HEALTHY BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH STRINGBUSTERS</p>	<p><b>16</b></p>	<p>10:45 PAMPERED HANDS – AL MEDIA RM <b>17</b></p> <p>3:00 ASSISTED LIVING BINGO - MEDIA ROOM</p>
<p>2:30 BAPTIST SERVICE - GH1 <b>18</b></p> <p>3:00 SUNDAY SOCIAL—GH1</p>	<p>9:30 ADAPTED FITNESS - GH1 <b>19</b></p> <p>3:30 BINGO - GH1</p>	<p>10:45 BALANCE CLASS - GH1 <b>20</b></p> <p>1:30 INTERGENERATIONAL DANCE PERFORMANCE —GH1</p> <p>3:30 ASSISTED LIVING HAPPY HOUR—GH2</p>	<p>2:00 HAMLET HOOTERS—AL DINING RM <b>21</b></p>	<p>3:30 BINGO - GH1 <b>22</b></p> <p>6:30 CONCERT NIGHT WITH GARY MOCKFORD</p>	<p><b>23</b></p>	<p>10:45 PAMPERED HANDS – AL MEDIA ROOM <b>24</b></p> <p>3:00 ASSISTED LIVING BINGO - MEDIA ROOM</p>
<p>2:30 SALVATION ARMY SERVICE - GH1 <b>25</b></p> <p>3:00 SUNDAY SOCIAL - GH1</p>	<p>9:30 ADAPTED FITNESS - GH1 <b>26</b></p> <p>3:30 BINGO - GH1</p>	<p>10:45 BALANCE CLASS - GH1 <b>27</b></p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p><b>HAPPY HOUR CANCELLED</b></p>	<p>9:30 ADAPTED FITNESS - GH1 <b>28</b></p> <p>1:30 GRANT'S CELEBRATION – GH1</p> <p>2:30 HAMLET HOOTERS—AL DINING ROOM</p>	<p>3:30 BINGO - GH1 <b>29</b></p> <p>6:30 CONCERT NIGHT WITH GORDIE WEST</p>	<p>9:30 TABLE GAMES – AL DINING RM <b>30</b></p>	<p>10:45 PAMPERED HANDS—AL MEDIA ROOM <b>31</b></p> <p>3:00 ASSISTED LIVING BINGO - MEDIA ROOM</p>

Sunday

Monday

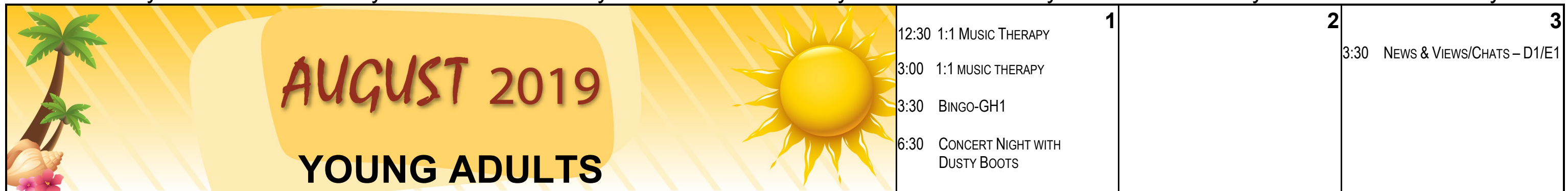
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>1:00 1:1 VISITS <b>4</b></p> <p>2:30 SALVATION ARMY SERVICE - GH1</p> <p>3:30 SUNDAY SOCIAL GH1</p>	<p><b>5</b></p> <p><b>SORRY, NO PROGRAMS TODAY</b></p>	<p>10:30 AROMATHERAPY – D1/E1 <b>6</b></p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p>1:30 MINI CONCERT WITH FRANK STOFANIK—GH1</p> <p>3:30 CHAT ABOUT CARNIVAL &amp; BRAIN STORM GAMES—D1/E1</p>	<p>10:00 1:1 MUSIC THERAPY <b>7</b></p> <p>11:00 MUSIC THERAPY ON D1</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>1:30 OUTDOOR GAMES—CY</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 JAM SESSION WITH GRANT – GH1</p>	<p>12:30 1:1 MUSIC THERAPY <b>1</b></p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH DUSTY BOOTS</p>	<p><b>2</b></p> <p>10:00 CATHOLIC MASS—GH1 <b>9</b></p>	<p><b>3</b></p> <p>3:30 NEWS &amp; VIEWS/CHATS – D1/E1</p> <p>9:30 FUN FIT—D1/E1 <b>10</b></p>
<p>1:00 1:1 VISITS <b>11</b></p> <p>2:30 BAPTIST SERVICE - GH1</p> <p>3:30 SUNDAY SOCIAL—GH1</p>	<p><b>12</b></p> <p>3:30 BINGO - GH1</p>	<p>1:45 GIFT OF MEMORIES—GH1 <b>13</b></p> <p><b>BALANCE CLASS CANCELLED</b></p> <p>3:30 MAKE GAMES FOR CARNIVAL – D1/E1</p>	<p><b>14</b></p> <p>9:45 YOUNG ADULT COUNCIL ON D1</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:15 KAFS—GH1</p>	<p>12:30 1:1 MUSIC THERAPY <b>15</b></p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH STRINGBUSTERS</p>	<p><b>16</b></p> <p>10:30 YOGA – GH1</p>	<p>3:30 BOARD GAMES -D1/E1 <b>17</b></p>
<p>9:30 MUSIC &amp; MASSAGE—D1/E1 <b>18</b></p> <p>1:00 1:1 VISITS</p> <p>2:30 BAPTIST SERVICE - GH1</p> <p>3:00 SUNDAY SOCIAL—GH1</p>	<p><b>19</b></p> <p>3:30 BINGO - GH1</p>	<p>10:45 BALANCE CLASS - GH1 <b>20</b></p> <p>1:30 INTERGENERATIONAL DANCE PERFORMANCE —GH1</p> <p>3:30 MAKE GAMES FOR CARNIVAL – D1/E1</p>	<p>1:00 MUSIC THERAPY ON D1 <b>21</b></p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 JAM SESSION/CHOIR WITH GRANT—GH1</p> <p>6:00 YOUNG ADULT PUB NIGHT WITH DJ EVAN-GH1</p>	<p>12:30 1:1 MUSIC THERAPY <b>22</b></p> <p>2:00 MUSIC THERAPY– D1/E1</p> <p>3:30 BINGO - GH1</p> <p>6:30 CONCERT NIGHT WITH GARY MOCKFORD</p>	<p><b>23</b></p>	<p>9:30 FUN FIT - D1/E1 <b>24</b></p>
<p>1:00 1:1 VISITS <b>25</b></p> <p>2:30 SALVATION ARMY SERVICE - GH1</p> <p>3:00 SUNDAY SOCIAL - GH1</p>	<p><b>26</b></p> <p>1:00 PREPARE FOR CARNIVAL— D1/E1</p> <p>3:30 BINGO - GH1</p>	<p>10:00 SET UP FOR CARNIVAL- CY <b>27</b></p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p>1-4 YOUNG ADULT CARNIVAL</p>	<p>1:00 1:1 MUSIC THERAPY <b>28</b></p> <p>1:30 GRANT’S CELEBRATION – GH1</p> <p>3:30 1:1 MUSIC THERAPY</p>	<p>12:30 1:1 MUSIC THERAPY <b>29</b></p> <p>2:00 MUSIC THERAPY– D1/E1</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 BINGO - GH1</p> <p>6:30 CONCERT NIGHT WITH GORDIE WEST</p>	<p><b>30</b></p>	<p>1:30 ACTIVE GAME - D1/E1 <b>31</b></p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2019

## SENIORS

<p>9:30 MUSIC &amp; MASSAGE—B2/C2 <b>4</b></p> <p>10:30 FUN FIT—B1/C1</p> <p>1:00 1:1 VISITS</p> <p>2:30 SALVATION ARMY SERVICE - GH1</p> <p>3:30 SUNDAY SOCIAL - GH1</p>	<p><b>5</b></p> <p><b>SORRY, NO PROGRAMS TODAY</b></p>	<p>9:30 PHYSIO FIT—D2/E2 <b>6</b></p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p>1:30 MINI CONCERT WITH FRANK STOFANIK—GH1</p>	<p>10:00 1:1 MUSIC THERAPY <b>7</b></p> <p>10:15 MUSIC THERAPY—D2/E2</p> <p>10:45 WALKING PROGRAM-GH1</p> <p>10:45 MUSIC THERAPY—C2</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>1:00 MUSIC THERAPY—B2</p> <p>1:30 OUTDOOR GAMES—CY</p> <p>1:45 MUSIC THERAPY—B1</p> <p>2:00 MUSIC THERAPY—C1</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 JAM SESSION WITH GRANT-GH1</p>	<p>9:30 PHYSIO FIT - B2 <b>1</b></p> <p>10:00 MUSIC THERAPY - C1</p> <p>10:15 PHYSIO FIT - B1</p> <p>10:45 MUSIC THERAPY—C2</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 BINGO - GH1</p> <p>6:30 CONCERT NIGHT WITH DUSTY BOOTS</p>	<p>10:15 PHYSIO FIT - C2 <b>2</b></p> <p>11:00 PHYSIO FIT - C1</p>	<p>9:30 FUN FIT—D2/E2 <b>3</b></p> <p>1:30 REMINISCING—D2</p> <p>1:30 GIANT CROSSWORD—B1</p>
<p>9:30 MUSIC &amp; MASSAGE—B2/C2 <b>4</b></p> <p>10:30 FUN FIT—B1/C1</p> <p>1:00 1:1 VISITS</p> <p>2:30 SALVATION ARMY SERVICE - GH1</p> <p>3:30 SUNDAY SOCIAL - GH1</p>	<p><b>5</b></p> <p><b>SORRY, NO PROGRAMS TODAY</b></p>	<p>9:30 PHYSIO FIT—D2/E2 <b>6</b></p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p> <p>1:30 MINI CONCERT WITH FRANK STOFANIK—GH1</p>	<p>10:00 1:1 MUSIC THERAPY <b>7</b></p> <p>10:15 MUSIC THERAPY—D2/E2</p> <p>10:45 WALKING PROGRAM-GH1</p> <p>10:45 MUSIC THERAPY—C2</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>1:00 MUSIC THERAPY—B2</p> <p>1:30 OUTDOOR GAMES—CY</p> <p>1:45 MUSIC THERAPY—B1</p> <p>2:00 MUSIC THERAPY—C1</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 JAM SESSION WITH GRANT-GH1</p>	<p>9:30 PHYSIO FIT - B2 <b>8</b></p> <p>10:15 PHYSIO FIT - B1</p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH WILLIE BLIZZARD</p>	<p>10:00 CATHOLIC MASS—GH1 <b>9</b></p> <p>10:15 PHYSIO FIT - C2</p> <p>11:00 PHYSIO FIT - C1</p>	<p>1:30 ARM CHAIR TRAVEL- B1 <b>10</b></p> <p>3:30 BRAIN AEROBICS D2</p>
<p>9:30 MUSIC &amp; MASSAGE—D2/E2 <b>11</b></p> <p>10:30 FUN FIT - B2/C2</p> <p>2:30 BAPTIST SERVICE - GH1</p> <p>3:30 SUNDAY SOCIAL—GH1</p>	<p>10:30 THE PRICE IS RIGHT—C2 <b>12</b></p> <p>10:45 BRAIN AEROBICS—D2</p> <p>1:30 LEMONADE SOCIAL—NEW COURTYARD—B1/C1</p> <p>3:30 BINGO - GH1</p>	<p>9:30 PHYSIO FIT—D2/E2 <b>13</b></p> <p>9:30 REMINISCING— B2</p> <p>10:45 MISS DRESS UP—C1</p> <p>10:45 CRAFT CORNER—C2</p> <p>1:45 GIFT OF MEMORIES—GH1</p>	<p>10:15 MUSIC THERAPY - C2 <b>14</b></p> <p>11:00 MUSIC THERAPY - C1</p> <p>1:00 MUSIC THERAPY - D2/E2</p> <p>1:15 BRAIN AEROBICS—B2</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:15 KAFS—GH1</p>	<p>9:30 PHYSIO FIT - B2 <b>15</b></p> <p>10:00 MUSIC THERAPY—C1</p> <p>10:15 PHYSIO FIT - B1</p> <p>10:45 MUSIC THERAPY—C2</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>3:00 MUSIC THERAPY—D2/ E2</p> <p>3:30 BINGO-GH1</p> <p>6:30 CONCERT NIGHT WITH STRINGBUSTERS</p>	<p>10:15 PHYSIO FIT - C2 <b>16</b></p> <p>11:00 PHYSIO FIT - C1</p> <p>1:30 JAIME LOMBANA—D2</p>	<p>9:30 FUN FIT - D2/E2 <b>17</b></p> <p>10:45 NEWS &amp; VIEWS—C2</p> <p>1:30 WALKS AND ROLLS—C1</p> <p>1:30 BRAIN AEROBICS—E2</p> <p>3:30 DRAWING/PAINTING —B1</p>
<p>10:30 FUN FIT—B1/C1 <b>18</b></p> <p>2:30 BAPTIST SERVICE - GH1</p> <p>3:00 SUNDAY SOCIAL—GH1</p>	<p><b>19</b></p> <p>12:00 BBQ FOR HAMLETS B1/B2</p> <p>3:30 BINGO - GH1</p>	<p>9:30 PHYSIO FIT—D2/E2 <b>20</b></p> <p>10:30 CRAFT CORNER— B1</p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:30 INTERGENERATIONAL DANCE PERFORMANCE —GH1</p>	<p>10:15 MUSIC THERAPY—B2 <b>21</b></p> <p>11:00 MUSIC THERAPY—B1</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 JAM SESSION/CHOIR WITH GRANT—GH1</p>	<p>9:30 PHYSIO FIT - B2 <b>22</b></p> <p>10:00 MUSIC THERAPY—D2/E2</p> <p>10:15 PHYSIO FIT - B1</p> <p>10:45 MUSIC THERAPY—B2</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>3:00 MUSIC THERAPY—B1</p> <p>3:30 BINGO - GH1</p> <p>6:30 CONCERT NIGHT WITH GARY MOCKFORD</p>	<p>10:15 PHYSIO FIT - C2 <b>23</b></p> <p>11:00 PHYSIO FIT - C1</p> <p>1:30 JAIME LOMBANA—D2</p>	<p>9:30 NEWS &amp; VIEWS—D2/E2 <b>24</b></p> <p>10:45 WALKS AND ROLLS—C2</p> <p>1:30 SING-A-LONG—C1</p> <p>3:30 BRAIN AEROBICS B1</p> <p>3:30 AROMATHERAPY— B2</p>
<p>9:30 MUSIC &amp; MASSAGE— B1/C1 <b>25</b></p> <p>10:30 FUN FIT - B2/C2</p> <p>1:00 1:1 VISITS</p> <p>2:30 SALVATION ARMY SERVICE - GH1</p> <p>3:00 SUNDAY SOCIAL - GH1</p>	<p><b>26</b></p> <p>10:30 SING A LONG— C1</p> <p>10:45 SING A LONG—C2</p> <p>3:30 BINGO - GH1</p>	<p>9:30 PHYSIO FIT—D2/E2 <b>27</b></p> <p>10:45 BALANCE CLASS - GH1</p> <p>1:00 SURG MEDICAL: WHEELCHAIR REPAIRS &amp; SERVICE - AL DINING</p>	<p>9:15 AQUATHERAPY—B2 <b>28</b></p> <p>10:15 MUSIC THERAPY—C2</p> <p>10:45 WALKING PROGRAM - GH1</p> <p>11:00 MUSIC THERAPY—C1</p> <p>1:00 1:1 MUSIC THERAPY</p> <p>1:30 GRANT'S CELEBRATION - GH1</p> <p>3:30 1:1 MUSIC THERAPY</p>	<p>9:30 PHYSIO FIT - B2 <b>29</b></p> <p>10:00 MUSIC THERAPY—C2</p> <p>10:15 PHYSIO FIT - B1</p> <p>10:45 MUSIC THERAPY—C1</p> <p>12:30 1:1 MUSIC THERAPY</p> <p>3:00 1:1 MUSIC THERAPY</p> <p>3:30 BINGO - GH1</p> <p>6:30 CONCERT NIGHT WITH GORDIE WEST</p>	<p>10:45 AROMATHERAPY—B1 <b>30</b></p> <p>10:15 PHYSIO FIT - C2</p> <p>11:00 PHYSIO FIT - C1</p> <p>1:30 JAIME LOMBANA—D2</p>	<p>9:30 FUN FIT—D2/E2 <b>31</b></p> <p>3:30 BRAIN AEROBICS C1</p>