

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2019

SENIORS

				9:30 PHYSIO FIT - B2 10:00 MUSIC THERAPY - C1 10:15 PHYSIO FIT - B1 10:45 MUSIC THERAPY - C2 12:30 1:1 MUSIC THERAPY 3:00 1:1 MUSIC THERAPY 3:30 BINGO - GH1 6:30 CONCERT NIGHT WITH DUSTY BOOTS	1	10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1	2	9:30 FUN FIT—D2/E2 1:30 REMINISCING—D2 1:30 GIANT CROSSWORD—B1	3				
9:30 MUSIC & MASSAGE—B2/C2 10:30 FUN FIT—B1/C1 1:00 1:1 VISITS 2:30 SALVATION ARMY SERVICE - GH1 3:30 SUNDAY SOCIAL - GH1	4	5	6	9:30 PHYSIO FIT—D2/E2 10:45 BALANCE CLASS - GH1 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 MINI CONCERT WITH FRANK STOFANIK—GH1		9:30 PHYSIO FIT - B2 10:15 PHYSIO FIT - B1 3:30 BINGO-GH1 6:30 CONCERT NIGHT WITH WILLIE BLIZZARD	8	10:00 CATHOLIC MASS—GH1 10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1	9	1:30 ARM CHAIR TRAVEL- B1 3:30 BRAIN AEROBICS D2	10		
9:30 MUSIC & MASSAGE—D2/E2 10:30 FUN FIT - B2/C2 2:30 BAPTIST SERVICE - GH1 3:30 SUNDAY SOCIAL—GH1	11	10:30 THE PRICE IS RIGHT—C2 10:45 BRAIN AEROBICS—D2 1:30 LEMONADE SOCIAL—NEW COURTYARD—B1/C1 3:30 BINGO - GH1	12	9:30 PHYSIO FIT—D2/E2 9:30 REMINISCING- B2 10:45 MISS DRESS UP—C1 10:45 CRAFT CORNER—C2 1:45 GIFT OF MEMORIES—GH1	13	10:15 MUSIC THERAPY - C2 11:00 MUSIC THERAPY - C1 1:00 MUSIC THERAPY - D2/E2 1:15 BRAIN AEROBICS—B2 3:00 1:1 MUSIC THERAPY 3:15 KAFS—GH1	14	9:30 PHYSIO FIT - B2 10:00 MUSIC THERAPY—C1 10:15 PHYSIO FIT - B1 10:45 MUSIC THERAPY—C2 12:30 1:1 MUSIC THERAPY 3:00 MUSIC THERAPY—D2/E2 3:30 BINGO-GH1 6:30 CONCERT NIGHT WITH STRINGBUSTERS	15	10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1 1:30 JAIME LOMBANA—D2	16	9:30 FUN FIT - D2/E2 10:45 NEWS & VIEWS—C2 1:30 WALKS AND ROLLS—C1 1:30 BRAIN AEROBICS—E2 3:30 DRAWING/PAINTING —B1	17
10:30 FUN FIT—B1/C1 2:30 BAPTIST SERVICE - GH1 3:00 SUNDAY SOCIAL—GH1	18	12:00 BBQ FOR HAMLETS B1/B2 3:30 BINGO - GH1	19	9:30 PHYSIO FIT—D2/E2 10:30 CRAFT CORNER- B1 10:45 BALANCE CLASS - GH1 1:30 INTERGENERATIONAL DANCE PERFORMANCE —GH1	20	10:15 MUSIC THERAPY—B2 11:00 MUSIC THERAPY—B1 3:00 1:1 MUSIC THERAPY 3:30 JAM SESSION/CHOIR WITH GRANT—GH1	21	9:30 PHYSIO FIT - B2 10:00 MUSIC THERAPY—D2/E2 10:15 PHYSIO FIT - B1 10:45 MUSIC THERAPY—B2 12:30 1:1 MUSIC THERAPY 3:00 MUSIC THERAPY—B1 3:30 BINGO - GH1 6:30 CONCERT NIGHT WITH GARY MOCKFORD	22	10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1 1:30 JAIME LOMBANA—D2	23	9:30 NEWS & VIEWS—D2/E2 10:45 WALKS AND ROLLS—C2 1:30 SING-A-LONG—C1 3:30 BRAIN AEROBICS B1 3:30 AROMATHERAPY— B2	24
9:30 MUSIC & MASSAGE—B1/C1 10:30 FUN FIT - B2/C2 1:00 1:1 VISITS 2:30 SALVATION ARMY SERVICE - GH1 3:00 SUNDAY SOCIAL - GH1	25	10:30 SING A LONG—C1 10:45 SING A LONG—C2 3:30 BINGO - GH1	26	9:30 PHYSIO FIT—D2/E2 10:45 BALANCE CLASS - GH1 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING	27	9:15 AQUATHERAPY—B2 10:15 MUSIC THERAPY—C2 10:45 WALKING PROGRAM - GH1 11:00 MUSIC THERAPY—C1 1:00 1:1 MUSIC THERAPY 1:30 GRANT'S CELEBRATION - GH1 3:30 1:1 MUSIC THERAPY	28	9:30 PHYSIO FIT - B2 10:00 MUSIC THERAPY—C2 10:15 PHYSIO FIT - B1 10:45 MUSIC THERAPY—C1 12:30 1:1 MUSIC THERAPY 3:00 1:1 MUSIC THERAPY 3:30 BINGO - GH1 6:30 CONCERT NIGHT WITH GORDIE WEST	29	10:45 AROMATHERAPY—B1 10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1 1:30 JAIME LOMBANA—D2	30	9:30 FUN FIT—D2/E2 3:30 BRAIN AEROBICS C1	31