

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

ASSISTED LIVING

						1 1:30 MINI CONCERT: O'STREET GIRLS—GH1		2 10:45 PAMPERED HANDS— AL REC ROOM 1:30 DRAMA CLUB—GH1 3:00 AL BINGO—AL REC RM <small>Groundhog Day</small>					
3 2:30 SALVATION ARMY SERVICE — GH1 3:30 SUNDAY SOCIAL - GH1		4 9:30 ADAPTED FITNESS—GH1 1:30 FLASH MOB PERFORMANCE - GH1 3:30 BINGO - GH1		5 10:45 BALANCE CLASS - GH2 1:30 BIBLE STUDY—MEDIA RM 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 CHINESE NEW YEAR TEA AND TRIVIA -GH1 3:30 ASSISTED LIVING HAPPY HOUR - AL REC RM <small>Chinese New Year</small>		6 9:30 ADAPTED FITNESS – GH1 1:30 MINI CONCERT WITH FRANK STOFANIK – GH1 2:30 HAMLET HOOTERS - AL DINING ROOM		7 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT: GARY MOCKFORD		8 10:00 CATHOLIC MASS - GH1		9 10:45 PAMPERED HANDS— AL REC ROOM 1:30 DRAMA CLUB—GH1 3:00 ASSISTED LIVING BINGO – AL REC RM	
10 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1		11 9:30 ADAPTED FITNESS - GH1 1:30 MINI CONCERT WITH MYRNA & GARY – GH1 3:30 BINGO - GH1		12 10:45 BALANCE CLASS - GH2 1:30 BIBLE STUDY – MEDIA ROOM 1:45 GIFT OF MEMORIES BIRTHDAY CELEBRATION WITH JIM WENTWORTH -GH1 3:30 ASSISTED LIVING HAPPY HOUR - AL REC RM		13 ADAPTED FITNESS CANCELLED 2:00 HAMLET HOOTERS—AL DINING RM 3:00 KAMLOOPS ABORIGINAL FRIENDSHIP SOCIETY—GH1		14 8:00 VALENTINE'S DAY OMELET BAR BREAKFAST - AL DINING ROOM 10:30 AL GENERAL MEETING – GH1 3:30 HEALTHY BINGO - GH1 6:30 CONCERT NIGHT WITH STRANGEBREW "VALENTINES THEMED" <small>Valentine's Day</small>		15		16 10:45 PAMPERED HANDS – AL REC RM 1:30 DRAMA CLUB – GH1 3:00 AL BINGO—AL REC RM 3:30 RING THAT PRICE RIGHT - GH1	
17 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1		18 FAMILY DAY SORRY NO PROGRAMS TODAY <small>Presidents' Day (US)</small>		19 10:45 BALANCE CLASS - GH2 1:30 BIBLE STUDY—MEDIA RM 1:30 MINI CONCERT WITH ORDINARY PEOPLE – GH1 3:30 ASSISTED LIVING HAPPY HOUR - AL REC RM		20 9:30 ADAPTED FITNESS - GH1 1:30 TALENT SHOW – GH1 HAMLET HOOTERS CANCELLED		21 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT WITH STRINGBUSTERS		22 9:30 REMINISCING — AL DINING ROOM 1:30 BAKE SALE AND TEDDY BEAR RAFFLE - GRAND HALL 1		23 10:45 PAMPERED HANDS - AL REC RM 1:30 DRAMA CLUB 3:00 AL BINGO—AL REC RM	
24 2:30 SALVATION ARMY - GH1 3:00 SUNDAY SOCIAL - GH1		25 9:30 ADAPTED FITNESS—GH1 3:30 BINGO - GH1		26 10:45 BALANCE CLASS - GH2 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 BIBLE STUDY—MEDIA ROOM 3:30 ASSISTED LIVING HAPPY HOUR - AL REC RM		27 9:30 ADAPTED FITNESS—GH1 10:00 DAN ALLEN HEARING AID CHECK 1:30 GRANT'S BIRTHDAY CELEBRATION – GH1 2:30 HAMLET HOOTERS—AL DINING ROOM		28 3:30 HEALTHY BINGO-GH1 6:30 CONCERT NIGHT WITH DUSTY BOOTS		LEGEND GH1 = GRAND HALL 1 GH2 = GRAND HALL 2 RM = ROOM AL = ASSISTED LIVING CONCERT NIGHT = MUSIC & DANCING ONLY PUB NIGHT = FOOD & DRINK SERVED			

Type the name, address, and other information about your community/company here.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Seniors



<p>3</p> <p>9:30 MUSIC & MASSAGE - B1/C1 10:30 FUN FIT— B2/C2 2:30 SALVATION ARMY SERVICE - GH1 3:30 SUNDAY SOCIAL - GH1</p>	<p>4</p> <p>9:30 1:1 VISITS 10:30 WOODWORKING 11:00 PHYSIO FIT - E2 1:30 FLASH MOB PERFORMANCE - GH1 3:30 BINGO - GH1</p>	<p>5</p> <p>9:30 PHYSIO FIT—D2 10:45 BALANCE CLASS - GH2 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 BIBLE STUDY—MEDIA RM 1:30 CHINESE NEW YEAR TEA AND TRIVIA -GH1 3:30 1:1 VISITS—C1 <i>Chinese New Year</i></p>	<p>6</p> <p>9:30 REMINISCE—E2 10:45 WALKING PROGRAM-GH1 1:00 MUSIC THERAPY—C2 1:00 MUSIC THERAPY—B2 1:30 MINI CONCERT WITH FRANK STOFANIK - GH1 1:45 MUSIC THERAPY—C1 1:45 MUSIC THERAPY—B1</p>	<p>7</p> <p>9:30 PHYSIO FIT - B2 10:15 PHYSIO FIT - B1 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT WITH GARY MOCKFORD</p>	<p>8</p> <p>9:30 LUNCH BOX CHATS—B2 10:15 PHYSIO FIT - C2 10:30 TREASURES IN A BOTTLE—C2 11:00 PHYSIO FIT - C1 1:30 MINI CONCERT WITH O'STREET GIRLS—GH1 4:00 1:1 VISITS—E2</p> <p>10:00 CATHOLIC MASS - GH1 10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1 1:30 REG DIET BAKING PROGRAM—B1-B2 3:30 STORYTELLING—C2</p> <p><i>Groundhog Day</i></p>	<p>9</p> <p>9:30 FUN FIT— D2/E2 10:45 HOONGBOW MAKING - B1 1:30 DRAMA CLUB—GH1 3:00 ROLL THE DICE: FORTUNE TELLING - D2/E2</p> <p>9:30 1:1 VISITS 10:45 SING-A-LONG—C1 1:30 DRAMA CLUB—GH1 3:00 KING & QUEEN OF HEARTS FASHION SHOW - GH1</p>
<p>10</p> <p>9:30 MUSIC & MASSAGE— B2/C2 10:30 FUN FIT - B1/C1 1:00 WATER PLANTS 1:00 1:1 VISITS 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1</p>	<p>11</p> <p>1:30 MINI CONCERT WITH MYRNA & GARY - GH1 3:30 BINGO - GH1</p>	<p>12</p> <p>9:00 PHYSIO FIT—D2 9:30 1:1 VISITS 10:45 BALANCE CLASS - GH2 1:30 Bible Study—Media Room 1:45 GIFT OF MEMORIES BIRTHDAY CELEBRATION WITH JIM WENTWORTH -GH1</p>	<p>13</p> <p>10:15 MUSIC THERAPY—B2 10:15 MUSIC THERAPY—C2 10:45 WALKING PROGRAM-GH1 11:00 MUSIC THERAPY—B 11:00 MUSIC THERAPY—C1 1:00 MUSIC THERAPY - D2/E2 1:30 MATCH MAKING—C1 3:00 KAFS—GH1 3:00 WALKS & ROLLS</p>	<p>14</p> <p>9:30 PHYSIO FIT - B2 10:15 PHYSIO FIT - B1 2:00 COFFEE CHAT—B2 3:30 HEALTHY BINGO-GH1 6:30 CONCERT NIGHT WITH STRANGEBREW "VALENTINES THEMED" <i>Valentine's Day</i></p>	<p>15</p> <p>9:30 COFFEE CHAT—D2 10:15 PHYSIO FIT - C2 10:30 BEADING CRAFT—B1 11:00 PHYSIO FIT - C1</p>	<p>16</p> <p>9:30 FUN FIT - D2/E2 10:45 ELVIS SING-A-LONG - B1 1:30 1:1 VISITS—C1/C2 1:30 DRAMA CLUB - GH1 3:30 RING THAT PRICE RIGHT - GH1</p>
<p>17</p> <p>10:30 FUN FIT - B2/C2 1:00 WATER PLANTS 1:00 1:1 VISITS 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1</p>	<p>18</p> <p>FAMILY DAY SORRY NO PROGRAMS TODAY <i>Presidents' Day (US)</i></p>	<p>19</p> <p>9:30 PHYSIO FIT—D2 9:30 1:1 VISITS 10:45 ACTIVE GAME—B1 10:45 BALANCE CLASS - GH2 1:30 BIBLE SUDY—MEDIA RM 1:30 MINI CONCERT WITH ORDINARY PEOPLE - GH1</p>	<p>20</p> <p>10:15 MUSIC THERAPY—B2 10:15 MUSIC THERAPY—C2 10:45 WALKING PROGRAM-GH1 11:00 MUSIC THERAPY—C1 11:00 MUSIC THERAPY—B1 1:30 TALENT SHOW - GH1</p>	<p>21</p> <p>9:30 PHYSIO FIT - B2 10:15 PHYSIO FIT - B1 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT WITH STRINGBUSTERS</p>	<p>22</p> <p>9:30 1:1 VISITS 10:15 PHYSIO FIT - C2 11:00 PHYSIO FIT - C1 1:30 BAKE SALE & TEDDY RAFFLE - GH1 3:30 SENSORY CRAFT— B1/B2</p>	<p>23</p> <p>9:30 MORNING MOMENTS - E2 10:45 BAKING PROGRAM— C1 1:30 DRAMA CLUB - GH1 1:30 WHAT'S COOKING—D2 1:30 MUSIC & MASSAGE— C1/C2 3:00 WALKS & TALKS</p>
<p>24</p> <p>9:30 MUSIC & MASSAGE— D2/E2 10:30 FUN FIT - B1/C1 1:00 WATER PLANTS & 1:1 VISITS 2:30 SALVATION ARMY - GH1 3:00 SUNDAY SOCIAL - GH1</p>	<p>25</p> <p>10:00 SCENIC DRIVE 11:00 PHYSIO FIT - E2 1:30 WOODWORKING 3:30 BINGO - GH1</p>	<p>26</p> <p>9:30 AQUATHERAPY—B2 9:30 PHYSIO FIT—D2 9:30 1:1 VISITS 10:30 MELTING BEADS—B1 10:45 BALANCE CLASS - GH2 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 BIBLE STUDY—MEDIA ROOM 1:30 GRANDMA'S PLAYDATE- C1</p>	<p>27</p> <p>9:30 MUSIC & MASSAGE—C1 10:00 DAN ALLEN HEARING AID CHECK 10:15 MUSIC THERAPY—B2/C2 11:00 MUSIC THERAPY—B1/C1 10:45 WALKING PROGRAM 1:00 MUSIC THERAPY—D2/E2 1:30 GRANTS BIRTHDAY CELEBRATION - GH1 3:30 1:1 VISITS</p>	<p>28</p> <p>9:30 PHYSIO FIT - B2 10:15 PHYSIO FIT - B1 1:30 CHATS —E2 1:30 1:1 VISITS 3:30 HEALTHY BINGO-GH1 6:30 CONCERT NIGHT WITH DUSTY BOOTS</p>	<p>LEGEND GH1 = GRAND HALL 1 GH2 = GRAND HALL 2 RM = ROOM AL = ASSISTED LIVING CONCERT NIGHT = MUSIC & DANCING ONLY PUB NIGHT = FOOD & DRINK SERVED</p>	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

YOUNG ADULTS

						11:15 1:1 VISITS 1:30 MINI CONCERT: O'STREET GIRLS—GH1 3:00 FLOOR HOCKEY— D1/E1	1 9:30 BRAIN AEROBICS—D1/E1 1:30 DRAMA CLUB—GH1 Groundhog Day
2:30 SALVATION ARMY SERVICE— GH1 3:30 SUNDAY SOCIAL - GH1	3 9:30 1:1 VISITS 10:30 WOODWORKING—ART RM 1:30 FLASH MOB PERFORMANCE - GH1 3:30 BINGO - GH1	4 9:30 MEETING FOR BAKING FUNDRAISER—ON D1 10:45 BALANCE CLASS - GH2 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 BIBLE STUDY—MEDIA RM 1:30 CHINESE NEW YEAR TEA AND TRIVIA -GH1 <small>Chinese New Year</small>	5 10:45 WALKING PROGRAM-GH1 11:00 MUSIC THERAPY D1/E1 1:30 MINI CONCERT WITH FRANK STOFANIK - GH1 3:00 1:1—D1/E1	6 2:00 MAKE BAKE SALE AND RAFFLE POSTERS—D1/E1 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT WITH GARY MOCKFORD	7 10:00 CATHOLIC MASS - GH1 3:00 VALENTINE'S DAY DECORATING— D1/E1	8 9:30 FUN FIT—D1/E1 1:30 DRAMA CLUB—GH1 3:00 KING & QUEEN OF HEARTS FASHION SHOW - GH1	9
1:00 WATER PLANTS 1:00 1:1 VISITS 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1	10 1:30 MINI CONCERT WITH MYRNA & GARY—GH1 3:30 BINGO - GH1	11 10:30 YA COUNCIL MEETING AND WALL GYM PRESENTATION WITH ANTONIO - D1 10:45 BALANCE CLASS - GH2 1:30 BIBLE STUDY—MEDIA RM 1:45 GIFT OF MEMORIES BIRTHDAY CELEBRATION WITH JIM WENTWORTH -GH1	12 9:00 VALENTINE'S WAFFLE BREAKFAST—GH1 10:45 WALKING PROGRAM-GH1 1:00 MUSIC THERAPY—D1/E1 3:00 KAMLOOPS ABORIGINAL FRIENDSHIP SOCIETY—GH1 <small>Valentine's Day</small>	13 3:30 HEALTHY BINGO-GH1 6:30 CONCERT NIGHT: STRANGEBREW "VALENTINES THEMED"	14 1:30 BAKING FOR FUNDRAISER —AL REC ROOM 3:00 BAKING FOR FUNDRAISER —AL REC ROOM	15 9:30 MORNING NEWS - ON D1 1:30 DRAMA CLUB 3:30 RING THAT PRICE RIGHT - GH1	16
9:30 MUSIC & MASSAGE D1/E1 1:00 WATER PLANTS 1:00 1:1 VISITS 2:30 BAPTIST CHURCH - GH1 3:30 SUNDAY SOCIAL - GH1	17 FAMILY DAY SORRY NO PROGRAMS TODAY <small>Presidents' Day (US)</small>	18 9:30 1:1 VISITS 10:45 BALANCE CLASS - GH2 1:30 BIBLE STUDY—MEDIA RM 1:30 MINI CONCERT WITH ORDINARY PEOPLE—GH1 3:30 CHAIR YOGA—D1/E1	19 10:45 WALKING PROGRAM-GH1 1:30 TALENT SHOW - GH1 6:00 YOUNG ADULT PUB NIGHT WITH DJ EVAN-GH1	20 3:30 HEALTHY BINGO-GH1 6:30 PUB NIGHT WITH STRINGBUSTERS	21 10:30 SET UP THE DISPLAY FOR BAKE SALE AND RAFFLE - GH1 1:30 YA FUNDRAISER BAKE SALE & RAFFLE OFF BIG TEDDIES	22 9:30 FUN FIT - D1/E1 1:30 DRAMA CLUB	23
1:00 WATER PLANTS & 1:1 VISITS 2:30 SALVATION ARMY - GH1 3:00 SUNDAY SOCIAL - GH1	24 1:30 WOODWORKING—ART RM 3:30 BINGO - GH1	25 9:30 1:1 VISITS 10:45 BALANCE CLASS - GH2 1:00 SURG MEDICAL: WHEELCHAIR REPAIRS & SERVICE - AL DINING 1:30 BIBLE STUDY—MEDIA ROOM	26 10:00 DAN ALLEN HEARING AID CHECK 10:45 WALKING PROGRAM 1:00 MUSIC THERAPY E1 1:30 MUSIC THERAPY—D1 1:30 GRANTS BIRTHDAY CELEBRATION - GH1	27 3:30 HEALTHY BINGO-GH1 6:30 CONCERT NIGHT WITH DUSTY BOOTS	28 LEGEND GH1 = GRAND HALL 1 GH2 = GRAND HALL 2 RM = ROOM AL = ASSISTED LIVING CONCERT NIGHT = MUSIC & DANCING ONLY PUB NIGHT = FOOD & DRINK SERVED		