

# DECEMBER 2011 RECREATION CALENDAR

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



*HAPPY HOLIDAYS TO YOU  
AND YOUR FAMILY ...*

AL Rec.Rm = Assisted Living Rec. Room.  
FL = Fireplace Lounge  
GH1 = Grand Hall 1st Floor  
CC = Comfy Couch oom 2nd Floor  
CY = Courtyard

4  
10:30 FUN FIT— B2, C2—GH1  
1:00 STRETCH & STRENGTH—E2  
2:00 CHURCH: ANGLICAN  
3:30 SUNDAY SOCIAL—GH1



5  
9:30 FITNESS—AL, E1—FL  
9:30 "THE BOOKS THE BIBLE LEFT OUT" - KALS COURSE GH1  
10:30 MS SOCIETY GROUP MEETING—CC  
11:00 MOVEMENTS FOR WELLNESS—(for residents and families with Multiple Sclerosis) - CC  
1:00 CHRISTMAS REMINISCE (SET UP) - GH2—B2  
1:30 BAKING PROGRAM—AL KITCHEN—D1, C1  
2:00 CARPET BOWLING—GH2—AL, C2  
3:00 WALKS & VISTS - DOWN STAIRS  
3:30 STAN THE MAN BINGO—GH1  
4:00 DINNER NEWS—B1  
5:00 DINNER SUPPORT—D1  
6:15 CANTABILE CHOIR—GH1

6  
10:00 MONTESSORI CHILDRENS' GROUP CRAFTS—AL REC ROOM—E2, D2, AL  
11:00 STRETCH & STRENGTH—D1  
1:30 MONTESSORI CHILDRENS GROUP CRAFTS—CC—B2, C2  
2:30 PLANT CARE—C1  
3:00 BINGO—AL REC RM (Bring loose change)  
3:00 CHRISTMAS ORNAMENT DECORATING—E2  
5:15 AFTER DINNER NEWS & VIEWS—D2  
7:00 KAMLOOPS DANCE ACADEMY—GH1



7  
9:30 FITNESS—AL, E1—GH1  
11:00 MUSIC MAN GRANT—D1  
10:30 EXERCISE & POKENO -D2  
1:00 MUSIC MAN GRANT—B1  
1:30 WHERE IN THE WORLD—GH1—C1, AL, E1  
1:30 HEALTHY HANDS—C2  
1:45 MUSIC MAN GRANT—B2  
2:30 MUSIC MAN GRANT—AL  
2:30 FUN FIT—B1, C1  
2:30 TEA & TRIVIA—E1  
5:00 CHRISTMAS DINNER FOR "HAMLET B" All Residents from Hamlet B eat dinner in the Grand Hall



8  
10:00 MEDITATION & RELAXATION - GH1  
11:15 HOT CHOCOLATE & NEWS—D1  
1:30 CHRISTMAS REMINISCE—GH2—E2  
1:30 SPA LADIES—GH1—AL, E1  
2:30 GROUP SING—GH1—B1  
2:30 TASK TABLE—E2  
3:30 PRIZE SURPRIZE BINGO—GH1  
3:30 HEALTHY HANDS—E1  
4:30 DINNER VISITS AND SUPPORT—D1  
6:30 ENTERTAINMENT EVENING: OLD TIME FIDDLERS













2  
9:30 BREAKFAST NEWS—B1  
9:30 TASK TABLE—C1  
10:30 CHRISTMAS CARD CREATION—E2—CC  
10:30 CHAPEL DECORATING—AL, E1, D1  
1:30 DECORATING IN GRAND HALL 2—B2, C2  
3:00 DECORATING - D2, E2

9  
1:15 **OUTING—SIGN UP: SHOPPING AT SEARS**  
1:00 CATHOLIC CHURCH—CHAPEL  
2:00 HEALTHY HANDS—D2  
5:00 **CHRISTMAS DINNER FOR "HAMLET C" All Residents from Hamlet C eat dinner in the Grand Hall**



3  
10:30 SELF-DIRECTED BRIDGE CLUB  
Anyone is welcome. Come to the AL Rec Rm if you would like to play.  
1:30 SELF-DIRECTED CROCHET & KNITTING CLUB

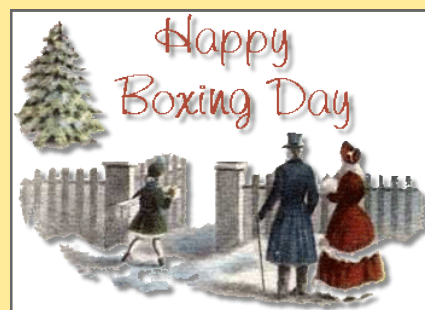
10  
10:30 SELF-DIRECTED BRIDGE CLUB  
Anyone is welcome. Come to the AL Rec Rm if you would like to play.  
1:30 SELF-DIRECTED CROCHET & KNITTING CLUB

<p>11</p> <p>10:30 FUN FIT—B1, C1—GH2</p> <p>1:00 STRETCH &amp; STRENGTH—E2</p> <p>2:30 CHURCH: PRESBYTERIAN</p> <p>3:30 SUNDAY SOCIAL—GH1</p> 	<p>12</p> <p>10:00 PAINTING WITH GISELLA</p> <p>10:30 Wii FIT—TH.RM</p> <p>11:15 GINGERBREAD DECORATING—D1</p> <p>1:15 CANADIAN NATIONAL INSTITUTE OF THE BLIND—MEETING IN THE FIREPLACE LOUNGE</p> <p>2:30 FITNESS—AL, E1—GH1</p> <p>3:00 1:1 VISITS—UPSTAIRS</p> <p>5:00 <b>CHRISTMAS DINNER FOR "HAMLET D"</b> All Residents from Hamlet D eat dinner in the Grand Hall</p> 	<p>13</p> <p>9:30 FUN FIT—B2, C2</p> <p>10:30 'ALEABA JAZZ TRIO' MUSIC CONCERT—GH1</p> <p>11:00 STRETCH &amp; STRENGTH—D1</p> <p>1:30 PLANT CARE—B1</p> <p>3:00 BINGO—AL REC RM (Bring loose change)</p> <p>2:30 TABLE GAMES &amp; COFFEE—GH2— ALL 2ND FLOOR</p> <p>3:00 BINGO—AL REC RM (Bring loose change)</p> 	<p>14</p> <p>9:30 FITNESS—AL, E1</p> <p>10:15 MUSICAL GRANT—C2</p> <p>10:30 CHRISTMAS REMINISCE—D2</p> <p>11:00 MUSICAL GRANT—C1</p> <p>1:00 MUSICAL TEA WITH GRANT—D2</p> <p>TIME TBA: WESTSYDE SECONDARY CHOIR &amp; BAND—GH1</p> <p>2:00 MUSICAL GRANT—FL</p> <p>5:00 <b>CHRISTMAS DINNER FOR "HAMLET E"</b> All Residents from Hamlet E eat dinner in the Grand Hall</p> <p>5:45 <b>OUTING-SIGN UP: SENIORS CITY LIGHTS TOUR (SEE POSTER)</b></p>	<p>15</p> <p>10:00 MEDITATION &amp; RELAXATION - GH1</p> <p>11:00 STRETCH &amp; STRENGTH—D2</p> <p>1:30 POOL TOURNAMENT—AL REC ROOM</p> <p>1:30 CHRISTMAS REMINISCE—GH2—C2</p> <p>2:30 1:1 VISITS—UPSTAIRS</p> <p>3:30 CHOCOLATE LOVERS BINGO—GH1</p> <p>3:30 MEN'S NEWS &amp; COFFEE GROUP—CC</p> <p>4:30 DINNER SUPPORT- D1</p> <p>4:45 DINNER VISITS—C1</p> <p>6:30 ENTERTAINMENT EVENING: <i>FENDER BENDERS</i></p> 	<p>16</p> <p>10:00 'SILVER BELLS' CHRISTMAS CONCERT WITH MARION OWENS—GH1</p> <p>1:00 HEALTHY HANDS—B2</p> <p>2:30 WALK &amp; ROLL—C1</p> <p>3:30 CHRISTMAS PARTY AND SOCIAL WITH MUSIC BY BOB BECKER (and maybe a visit from the man from the north)</p> <p>7:00 <b>ASSISTED LIVING CHRISTMAS PARTY</b> Great food, great music, a drink or two and maybe a visit from the man from the North.</p> 	<p>17</p> <p>10:30 SELF-DIRECTED BRIDGE CLUB Anyone is welcome. Come to the AL Rec Rm if you would like to play.</p> <p>1:30 SELF-DIRECTED CROCHET &amp; KNITTING</p>  <p>5:45 KAMLOOPS ALLIANCE CHOIR—FIREPLACE LOUNGE</p>
<p>18</p> <p>10:30 FUN FIT—B2, C2—GH1</p> <p>1:00 STRETCH &amp; STRENGTH—E2</p> <p>1:00 WALK &amp; ROLL—C1</p> <p>2:30 CHURCH: BAPTIST</p> <p>3:30 SUNDAY SOCIAL - GH1</p> 	<p>19</p> <p>9:30 FITNESS—AL, E1—FL</p> <p>10:00 PAINTING WITH GISELLA—ART ROOM</p> <p>10:30 Wii FIT—TH.RM</p> <p>10:30 GAME SHOW TRIVIA—GH2—D2, AL, E2</p> <p>11:15 CHRISTMAS TRIVIA &amp; COFFEE BREAK—D1</p> <p>11:30 <b>OUTING-SIGN UP: LUNCH AT JOEY'S ONLY SEAFOOD</b></p>  <p>1:30 BAKING PROGRAM—AL KITCHEN—B2</p> <p>3:30 STAN THE MAN BINGO—GH1</p>	<p>20</p> <p>9:30 FUN FIT—B1, C1</p> <p>10:30 SPA LADIES - E1, AL—GH1</p> <p>1:30 PLANT CARE—C1</p> <p>2:20 MUSIC MAN GRANT—E2</p> <p>2:30 HOLIDAY SPELLING BEE—AL, E1, E2, D2, D1</p>  <p>3:00 BINGO—AL REC RM (Bring loose change)</p>	<p>21</p> <p>9:30 FITNESS—AL, E1</p> <p>10:00 EXERCISE—D2</p> <p>10:15 MUSICAL GRANT—B2</p> <p>10:30 STROLLS &amp; ROLLS—C2</p> <p>11:00 LUNCH VISITS &amp; NEWS—B2</p> <p>11:00 MUSICAL GRANT—B1</p> <p>1:00 MUSICAL TEA WITH GRANT—E1</p> <p>1:30 CHRISTMAS SING—ALONG &amp; HOT CHOCOLATE—GH1—AL, C1, E1, D2</p> <p>2:00 MUSICAL GRANT—FL</p> <p>2:30 1:1 VISITS—UPSTAIRS</p> <p>3:30 CHRISTMAS MOVIE IN THE GRAND HALL—GH1</p> <p>4:15 <b>OUTING—SIGN UP: CHRISTMAS LIGHT TOUR</b></p> 	<p>22</p> <p>10:00 MEDITATION &amp; RELAXATION - GH1</p> <p>1:30 RED HAT SOCIETY CHRISTMAS SOCIAL—GH1</p> <p>3:00 CRAFT CART "MAKING BIRD HOUSES"—C2</p> <p>3:30 HOLIDAY BINGO—GH1—All</p> <p>4:00 DINNER SUPPORT &amp; VISITS - D1</p> <p>4:45 DINNER VISITS—C1</p> <p>6:30 ENTERTAINMENT EVENING: <i>THE JAMMERS</i></p>	<p>23</p> <p>9:30 GINGERBREAD DECORATING—B1</p> <p>9:30 'THE SENSES' PROGRAM—C1</p> <p>11:00 <b>OUTING-SIGN UP: BOWLING &amp; LUNCH</b></p> 	<p>24</p> <p><b>CHRISTMAS EVE</b></p> 

# MERRY CHRISTMAS



# BOXING DAY



# CHRISTMAS HOLIDAY



9:30 FITNESS—AL, E1



9:30 FITNESS—D2, E2

10:15 MUSICAL GRANT-C2

10:30 TASK TABLE—B1

10:30 HEALTHY HANDS—C1

11:00 MUSICAL GRANT-C1

11:15 RESIDENT COUNCIL-D1

1:00 BIRTHDAY PARTY WITH GRANT- GH2



2:00 MUSIC MAN GRANT-FL

3:30 HEALTHY HANDS—C2

3:30 PLANT CARE—C1



10:00 MEDITATION & RELAXATION - GH1

11:15 NEW YEARS RESOLUTIONS & COFFEE BREAK— D1

1:30 CHRISTMAS REMINISCE—GH1

1:30 CARPET BOWLING WITH AL, B2, C2—GH2

3:00 CRAFT CART—E1

3:30 BINGO—GH1-AII

4:30 DINNER SUPPORT- D1

4:45 DINNER VISITS—B1

6:30 ENTERTAINMENT EVENING:

HOWIE & GARY



9:30 NEWS & VIEWS—E1

9:30 FUN FIT—B2, C2

10:30 NEW YEARS RESOLUTIONS & TEA-E2

11:00 STRETCH & STRENGTH—D1

1:30 MENS GROUP 'MAKING BIRD HOUSES' - CC

3:00 GINGERBREAD DECORATING—CC



# NEW YEARS EVE



# HAPPY NEW YEAR